

Bhangra



Bhangra is one of the most popular and thrilling Folk Dances of *Punjab* (a State in North India) which is closely linked with harvesting, danced on moonlit nights. The dance begins in slow rhythmic movements and reaches a crescendo. The leader of the Dance is the drummer who plays at the center of the dancers. Traditional songs are sung by the dancers and there is immense scope of expressions. With each new couplet the dancers change their steps, accompanying them with refrains like '*Balle balle* and *oye oye*'.

Giddha



Giddha is an immortal folk-dance of women of Punjab. On the eve of a happy and joyous occasion in the family, the young women dance together. Standing in a semi-circle, they clap and sing. Two of them advance away from the rest, sing and dance vigorously while others clap and join in singing. *Giddha* is a manifestation of the emotions of the daughter's problem, hopes and aspirations. The *malwa* region of *Punjab* is the fountainhead of this form of folk-dance.

A few photographs from group's previous performances are appended hereunder. These include other dances also apart from *Bhangra* and *Giddha*.







